

COVID-19 Pregnancy Study Protocol

Mayura Shinde, DrPH, MPH,¹ Jennifer G. Lyons, PhD, MPH,¹ Austin Cosgrove, BA,¹ Maria Kempner,¹ Jolene Mosley,¹ David Cole,¹ Elizabeth Messenger-Jones, MSPH,¹ Emma Hoffman,¹ Danijela Stojanovic, PharmD, PhD,² Ben Wong, PhD,³ Leyla Sahin, MD,⁴ Yueqin Zhao, PhD,³ José J. Hernández-Muñoz, RPh, MPH, MSc, PhD,² Darren Toh, ScD,¹ Wei Hua, MD, PhD, MHS, MS²

Affiliations: 1. Department of Population Medicine, Harvard Pilgrim Health Care Institute and Harvard Medical School, Boston, MA; 2. Office of Surveillance and Epidemiology, Center for Drug Evaluation and Research, US Food and Drug Administration, Silver Spring, MD; 3. Office of Biostatistics, Center for Drug Evaluation and Research, US Food and Drug Administration, Silver Spring, MD; 4. Office of New Drugs, Center for Drug Evaluation and Research, US Food and Drug Administration, Silver Spring, MD

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Table of Contents

1. Introduction	1
2. Objectives.....	1
3. Methods	2
3.1. Data Sources	2
3.2. COVID-19 Case Definition	3
3.3. Study Cohort Identification.....	4
3.4. Medication Exposure Assessment	5
3.5. At-risk Medical Conditions for Developing Severe COVID-19	6
3.6. Severity of COVID-19	7
3.7. Data Elements	7
3.8. Data Analyses	9
3.8.1 Analytical approach - Study objective 1a	12
3.8.2 Analytical approach - Study objective 2a	13
3.8.3 Analytical approach - Study objective 1b	13
3.8.4 Analytical approach - Study objective 1c.....	14
3.8.5 Analytical approach - Study objective 2b	15
3.8.6. Analytical approach - Study objective 3a	16
3.8.7. Analytical approach - Study objective 3b	17
3.8.8. Analytical approach - Study objective 3c	19
3.9. Data Management and Quality Control	20
3.10. Limitations to Consider and Methods to Address.....	21
3.10.1. Misclassification.....	21
3.10.2. Issues in ascertaining medications used for COVID-19 during pregnancy:.....	22
3.10.3. Issues with healthcare utilization variables:	22
3.10.4. Generalizability.....	22
4. Human Subjects Considerations	22
5. References	23
6. Appendix.....	25
Appendix 1: ICD-10-CM Algorithm for Gestational Age	25

History of Modifications

Version	Date	Modification	Authors
1.0	05/19/2021	Original Version	As shown on title page
2.0	10/31/2022	Revised Version adding infant outcomes assessment	As shown on title page
3.0	01/10/2024	Revised Version adding maternal outcomes assessment	As shown on title page

1. Introduction

Pregnant people are considered to be at high risk for developing severe illness related to respiratory infections, including COVID-19.¹ Several case series, cohort studies, and meta-analyses have been conducted describing the clinical manifestations, and maternal and perinatal outcomes in pregnancies with COVID-19.²⁻³ The majority of these studies found that hospitalized pregnant patients with COVID-19 were less likely to manifest symptoms of myalgia, cough, dyspnea, and fever but more likely to be admitted to an intensive care unit and receive invasive ventilation than non-pregnant patients of reproductive age.¹⁻⁴ Preterm births were more commonly reported in pregnant patients with COVID-19 than those without COVID-19.¹ Although pregnancies affected by COVID-19 have been characterized in recent studies, little is known about the treatment management in these people and the impact of treatment used for COVID-19 on maternal and neonatal health and fetal development.

During the COVID-19 pandemic, the Sentinel System has been integral in providing enhanced data and analytic capabilities to support FDA's response to the pandemic. FDA has actively monitored utilization of drugs and biologics for prevention and treatment of COVID-19 and validated a diagnosis code-based algorithm for identifying COVID-19 patients using the Sentinel System.⁴ Sentinel has also recently published a COVID-19 Natural History Master Protocol⁵ designed to describe the course of COVID-19 disease and outcomes in certain subgroups of patients, including pregnant people.

The European Medicines Agency (EMA) has funded a project, known as CONSIGN (COVID-19 infection and medicines in pregnancy), to understand the natural history of COVID-19 disease, evaluate whether pregnant people are more likely to develop severe illness than non-pregnant people, examine the impact of COVID-19 disease in different trimester periods on pregnancy outcomes, and describe the utilization and impact of medications for COVID-19 treatment on fetal development and neonatal outcomes.⁶ The CONSIGN study will be implemented in varied data sources across eight European countries, UK, Canada, Saudi Arabia, and USA.

Sentinel is capable of describing the natural history of COVID-19 disease among pregnant patients with live birth delivery in the United States. This study will implement the CONSIGN protocol aims: 1) compare medications used for treatment of COVID-19 and other medical conditions; 2) describe severity and clinical outcomes of COVID-19, and 3) describe and estimate the rates of adverse infant outcomes in pregnant people with and without COVID-19 during pregnancy. We will compare pregnant patients with COVID-19 (Aims 1, 2, and 3), pregnant patients without COVID-19 (Aims 1, 3), and non-pregnant patients of reproductive age with COVID-19 (Aims 1 and 2). Analyses of these cohorts could address key knowledge gaps to improve the understanding of the treatment and severity of COVID-19 in pregnant patients.

2. Objectives

This protocol outlines steps for implementation of aims of the CONSIGN study including identification of cohorts for pregnant patients diagnosed with and without COVID-19 and non-pregnant patients with COVID-19 in the Sentinel System, description of treatment patterns, and assessment of the feasibility of capturing severity for COVID-19 disease and other data elements that can be collected within Sentinel.

The objectives of this study are:

- 1) To estimate the prevalence of medicines among pregnant patients with COVID-19, and compare this with pregnant patients without COVID-19, and non-pregnant patients with COVID-19
 - a. To estimate the prevalence of medicines in pregnant patients with COVID-19, by age and trimester of pregnancy
 - b. To compare these data with those collected for pregnant patients without COVID-19, by age and trimester of pregnancy
 - c. To compare these data with those collected for non-pregnant patients of reproductive age with COVID-19, by age and time periods corresponding to trimesters in matched pregnant patients
- 2) To describe severity and clinical outcomes of COVID-19 disease in pregnant patients with COVID-19, and compare these data with those of non-pregnant patients of reproductive age with COVID-19
 - a. To describe the severity of COVID-19 disease in pregnant patients by age, and trimester of pregnancy at diagnosis
 - b. To compare these data with those of non-pregnant patients of reproductive age with COVID-19, by age and time periods corresponding to trimesters in matched pregnant patients
- 3) To describe and estimate the rates of adverse infant and maternal outcomes in pregnant patients with and without COVID-19 during pregnancy
 - a. To describe and compare rates of adverse infant and maternal outcomes among patients with COVID-19 in pregnancy estimating the prevalence of adverse infant and maternal outcomes overall, by trimester of pregnancy at COVID-19 diagnosis and by COVID-19 severity if feasible
 - b. To evaluate the impact of COVID-19 on adverse infant and maternal outcomes comparing adverse infant and maternal outcomes in pregnant patients with COVID-19 with those of pregnant patients without COVID-19, stratified by trimester of COVID-19 diagnosis
 - c. To evaluate the impact of medications used to treat COVID-19 on adverse infant and maternal outcomes by assessing incidence of adverse infant and maternal outcomes among pregnant patients with COVID-19 that had medication use in 30 days pre-COVID-19 or post-COVID-19 and those not exposed to medications in 30 days prior or post-COVID-19

The current protocol describes our planned Sentinel network-specific activities to study COVID-19 outcomes in pregnant people, draws upon the Sentinel Operations Center (SOC)-led COVID-19 Natural History Master Protocol⁵, the EMA CONSIGN protocol and Statistical Analysis Plan.^{6,7} Other existing resources that will be used during study implementation include the COVID-19 Master Protocol data element list, and COVID-19 Master Protocol code lists.⁵

3. Methods

3.1. Data Sources

Sentinel currently has access to a range of data sources able to support the COVID-19 analyses. These data sources include claims-based systems and integrated care delivery system Data Partners, which provide longitudinal data on primarily commercially insured populations. They have well-established data updating and quality assurance procedures, which are used routinely

for medical product safety and effectiveness studies.⁸ For COVID-19 analyses among pregnant people, data on COVID-19 laboratory results, inpatient and outpatient medication exposures, health care utilization, and other elements of clinical care were utilized, as available. Additionally, for infant outcome evaluation, only Data Partners that provide linked mother-infant data were included.

The SOC has developed a Rapid COVID-19 database (Rapid COVID-19 Sentinel Distributed Database (SDD)) that incorporates more recently refreshed data and COVID-19 diagnostic testing information, which was considered as the ideal source for the study described here. Distributed programs were developed centrally, to be run at participating sites. We used existing Sentinel tools and assessed the need for custom coding to support analyses planned in this study.

3.2. COVID-19 Case Definition

COVID-19 was defined using either COVID-19-related International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) diagnosis codes (Table 1) or a positive result of an eligible COVID-19 laboratory test. Eligible laboratory tests include a reverse transcriptase polymerase chain reaction (RT-PCR) or other nucleic acid amplification test (NAAT) for SARS-CoV-2 or a SARS-CoV-2 antigen test.^{9,10}

ICD-10-CM diagnosis codes

A validation study of COVID-19 code-based algorithms conducted in Sentinel among hospitalized COVID-19 cases identified after May 2020, using combinations of the International Classification of Diseases, tenth revision, Clinical Modification (ICD-10-CM codes) (B97.29, U07.1, B34.2, B97.21, or J12.81), found a positive predictive value (PPV) of 81%.⁴ A positive NAAT result for SARS-CoV-2 was used as the gold standard for confirmation. The sensitivity of the algorithm in identifying positive COVID-19 cases was around 95%. The study also found U07.1 captured the majority of the COVID-19 patients identified.

Table 1. ICD-10-CM diagnosis codes for COVID-19

ICD-10-CM code	Description
B97.29	Other coronavirus as the cause of diseases classified elsewhere
U07.1	COVID-19, virus identified [code effective April 1, 2020]
B34.2	Coronavirus infection, unspecified site
B97.21	SARS-associated coronavirus as the cause of diseases classified elsewhere
J12.81	Pneumonia due to SARS-associated coronavirus

We will identify potential COVID-19 cases using either:

- ICD-10-CM diagnosis codes listed above in Table 1 with U07.1 code observed in outpatient or inpatient setting and other ICD-10 codes (B97.29, B34.2, B97.21, J12.81) in inpatient setting OR
- a positive result for an eligible COVID-19 laboratory test

We also conducted a sensitivity analysis requiring any ICD-10 codes (U07.1, B97.29, B34.2, B97.21, J12.81) identified in an inpatient or outpatient setting OR a positive test results for

COVID-19 to capture pregnancies that may have been identified with ICD-10 codes other than U07.1 in an outpatient setting prior to approval of U07.1 in April 2020.

SARS-CoV-2 laboratory tests

Several different tests are being implemented in clinical practice to identify current SARS-CoV-2 infection. These include: 1) RT-PCR or other NAAT assays of respiratory tract specimens, 2) antigen detection assays of respiratory tract specimens.^{9,10}

The laboratory test results table populated by the Data Partners will be used to identify health plan members with positive SARS-CoV-2 test results. In our analyses, we included patients with a positive result for SARS-CoV-2 by NAAT in any setting.

3.3. Study Cohort Identification

As outlined in the CONSIGN protocol, we identified the study population including people assigned as females of reproductive age between 12 and 55 years and pregnancies among these people from January 01, 2020 to most recent data available from the Data Partners. In our analyses, we identified only pregnancies resulting in live birth delivery and pregnancies resulting in other outcomes (e.g., stillbirths, spontaneous abortions, induced abortions) could not be captured.

Sentinel investigators have developed publicly-available tools to define medication exposures during pregnancy and comparatively assess pregnancy outcomes. These tools use a claims-based algorithm previously validated in the FDA-sponsored Medication Exposure in Pregnancy Risk Evaluation Program (MEPREP).¹¹ The current study used this algorithm to identify pregnancies ending in a live birth through identification of diagnosis and procedures codes documented in inpatient care setting listed in Appendix 1. Because the date of the last menstrual period (LMP) is not available in the health plan data, the algorithm calculates the length of the pregnancy episode and LMP using ICD-10-CM codes indicative of weeks of gestation, as well as ICD-10-CM codes for preterm and postterm deliveries in the inpatient care setting (Appendix 1). For the purpose of gestational dating, the LMP is used as the start date of pregnancy.

Specifically, the algorithm first prioritizes codes specifying completed weeks gestation, then non-specific preterm delivery codes (codes that indicate preterm birth but do not indicate a specific gestational age), and lastly non-specific postterm delivery codes (codes that indicate postterm birth but do not indicate a specific gestational age) identified within 7 days of the delivery encounter. ICD-10-CM incorporates diagnosis codes for gestational age in weekly increments. We assumed the approximate mid-point of the specified gestational age (e.g., assumption of 263 days [37 weeks and 4 days] for ICD-10-CM code Z3A.37 [37 completed weeks gestation]). Gestational age assumptions are listed in Appendix 1. If gestational age, preterm birth, or postterm delivery codes are not identified within 7 days of the delivery encounter, then the default assumption for gestational age for live birth deliveries is 273 days.

The pregnancy start date (i.e., LMP) was calculated by subtracting the gestational age from the date of the live birth delivery. This approach has been shown to accurately identify pregnancies and gestational length with minimal misclassification.^{12,13} In the CONSIGN study, the pregnancy start was estimated by subtracting the gestational age at delivery from pregnancy end date, estimated using an ultrasound test or from the patient's recall of LMP recorded in the database.⁶

Depending on the study objective evaluated we defined three primary cohorts of interest:

1. Pregnancies with COVID-19 ending in live birth delivery identified on or after January 01, 2020

2. Pregnancies without COVID-19 ending in live birth delivery identified on or after January 01, 2020
3. Non-pregnant people assigned as females identified with COVID-19 on or after January 01, 2020

We defined 3 trimesters for a given pregnancy episode based on the estimated date of LMP. The first trimester included days 0 to 90 of gestation, the second trimester included days 91 to 180, and the third trimester included days 181 through the day of the hospital admission for live-birth delivery.

3.4. Medication Exposure Assessment

Medications used for treatment of COVID-19 or other medical conditions were examined in each study objective described in Section B. Medications were identified from outpatient pharmacy claims using National Drug Codes (NDC) and from encounter claims data using Healthcare Common Procedure Coding System (HCPCS). The date of dispensing or administration of medication was used for medication exposure assessment.

Depending on the study objective evaluated, we assessed medication utilization either during:

- The pregnancy period (i.e., the first, second, and third trimester of pregnancy) or a pre-defined pre-pregnancy period (**Objective 1a, 2a**) OR
- A fixed time window (e.g., 30 days) before or after COVID-19 diagnosis (**Objectives 1b, 1c, 2b, 3c**)

Drug utilization was characterized by type, timing of medication use (trimester and time since diagnosis of COVID-19) and by COVID-19 disease severity. The following medication groups will be examined:

- Analgesics
- Antibacterials
- Anticoagulants/platelet inhibitors
- Antihypertensives
- Anti-inflammatory drugs, especially non-steroidal anti-inflammatory drugs
- Antimycobacterials
- Antimycotics
- Antivirals
- Corticosteroids
- Diabetes
- Immune sera and globulins
- Immunostimulants
- Immunosuppressants
- Medicines for obstructive airway disease
- Nasal preparations
- Psycholeptics
- Psychoanaleptics
- Vaccinations Influenza A, Pertussis, and Pneumococcal vaccination

Details on drug classes included in these medication groups are included in a separate appendix document and full list of NDC/HCPC codes will be extracted during the specification development.

Additionally, individual drugs used for COVID-19 treatment management were also examined listed below:

- ACEI/ARB
- Azithromycin
- Baricitinib
- Chloroquine
- Corticosteroids (inhaled)
- Corticosteroids (other)
- Dexamethasone
- Heparin
- Hydroxychloroquine
- Interferon-beta
- Interleukin6 inhibitors
- Lopinavir/Ritonavir
- Low molecular weight Heparin
- Methylprednisolone
- Molnupirvair
- Monoclonal antibodies
- NSAIDs
- Paxlovid
- Prednisolone
- Remdesivir

3.5. At-risk Medical Conditions for Developing Severe COVID-19

Adults with certain underlying medical conditions are at increased risk of developing severe illness from COVID-19 disease. Both the U.S. Centers for Disease Control and Prevention (CDC) and U.K. National Health Services (NHS, July 2020) websites have provided a classification of at-risk conditions for developing severe COVID-19 based on level of evidence.^{14,15}

ICD-10-CM diagnosis codes recorded in encounter claims were used to characterize at-risk groups for developing severe COVID-19. At-risk groups will be created for each of the at-risk medical conditions listed in Table 2 below:

Table 2. At-risk conditions for developing severe COVID-19 disease

<i>Cancer</i>
<i>Cardiovascular & other Vascular Diseases</i>
Congenital heart disease
CVD
Other vascular
<i>Endocrine Disorders</i>
Diabetes mellitus-any

Obesity (BMI >= 30 kg/m2)
Renal Disease: Chronic Kidney Disease
Hypertension
Immunological Diseases
HIV infection
Immunosuppression
Mental Disorders
Respiratory Diseases
COPD
Asthma
Other chronic respiratory diseases
Rheumatic Diseases
Sickle Cell Disease
Smoking

3.6. Severity of COVID-19

For classifying severity of COVID-19, we adapted the World Health Organization (WHO) proposed 5-level severity categories⁶:

- Level 1: any recorded COVID-19 diagnosis or positive NAAT result
- Level 2: hospitalization for COVID-19 or positive NAAT result with dyspnea, pneumonia, hypoxia/hypoxemia, supplemental oxygen, or non-invasive oxygen therapy
- Level 3: hospitalization for COVID-19 or positive NAAT result with intensive care unit (ICU) admission
- Level 4: hospitalization for COVID-19 or positive NAAT result with acute respiratory distress or requiring ventilation
- Level 5: death during hospitalization for COVID-19 (any cause)

We identify the highest level of COVID-19 severity observed during the specified period of evaluation (pre-pregnancy or trimester periods) in both pregnancies with COVID and non-pregnant patients with COVID-19. Death during hospitalization for COVID-19 was assessed based on inpatient death data recorded by Data Partners contributing in the Rapid COVID-19 database.

We further described pregnant patients with COVID-19 that received:

- Supplemental oxygen
- High-flow oxygen or non-invasive mechanical ventilation
- Invasive mechanical ventilation or extracorporeal membrane oxygenation (ECMO)

Oxygen support, including supplemental oxygen or high flow oxygen administered in an inpatient setting, may be under-captured in claims data sources and was evaluated at time of analyses.

3.7. Data Elements

A range of covariates has been outlined in the CONSIGN protocol for describing the maternal clinical characteristics, at-risk conditions, and obstetric complications that may influence the

severity of COVID-19 and medication utilization during pregnancy. These covariates were used for characterization and stratification/adjustment in propensity score matched analyses.

Table 3 presents the categories of variables collected or calculated, with caveats (particularly about availability), and comments about temporal aspects.

Table 3. Data elements

Categories	Variables	Caveats/limitations	Temporal aspects
Demographics	Age groups, ethnicity, census bureau regions	Race/ethnicity are often missing from claims data and was reported as available from Data Partners	Most recent values prior to or on index date were identified
Maternal baseline characteristics	Parity, reproductive history, folic acid use, smoking status, educational level, obesity, socio-economic status	Educational level, socio-economic status, and parity are not available in claims data. Folic acid supplements are available over-the-counter, thus use will be under-captured; lifestyles factors including smoking and obesity may also be under-captured in claims data and proxy measures were used for defining smoking and obesity	Evidence of each condition during a specified pre-pregnancy period prior to pregnancy start date or during first trimester was assessed
Maternal pre-existing or at-risk medical conditions	Cardiovascular diseases, respiratory diseases, diabetes, rheumatic diseases, cancer, mental disorders	Diagnosis codes were used to capture history of these conditions. If these conditions cannot be well captured using diagnosis codes then drug dispensing information for these conditions was used (Table 1)	Evidence of occurrence of conditions during a pre-pregnancy period or during pregnancy duration

Categories	Variables	Caveats/limitations	Temporal aspects
Maternal obstetric conditions	Gestational diabetes, gestational hypertension, preeclampsia, assisted reproductive technology, prior pregnancy with stillbirth, SGA, or congenital anomaly	Diagnosis or procedure code were used for capturing occurrence or history of these conditions. Based on the enrollment information available for each patient capture of prior pregnancy outcome history may be limited	Gestational diabetes, gestational hypertension, and preeclampsia were ascertained during the current pregnancy of interest. Prior pregnancy adverse outcomes may be assessed in patient's prior enrollment history to the day before estimated pregnancy start date (i.e., LMP) and assisted reproductive history in a pre-pregnancy prior to pregnancy start date
Vaccination status	Influenza A, pneumococcal, and pertussis vaccine	Procedure code for vaccine administration	Vaccine administration were assessed during current pregnancy. Some vaccines may not be captured if not covered by the health plan insurance
COVID-19-related health care utilization	Supplemental oxygen, high flow oxygen or non-invasive mechanical ventilation, invasive mechanical ventilation or ECMO	Supplemental oxygen has been shown to be under-captured in claims	Recorded in inpatient settings and assessed by trimester periods or after COVID diagnosis depending on the study objective

*Time periods for evaluation of maternal baseline characteristics, at-risk and obstetric conditions, and other health utilization will be discussed during specifications development

Code lists were developed for all variables (e.g., diagnoses, medications, and procedures)

3.8. Data Analyses

To implement the study aims from CONSIGN protocol, we conducted the following analyses for each study objective, as outlined in Table 4.

Table 4. Analyses Plan

Objective	Cohorts	Cohort identification criteria	Outcome	Stratification	Estimator
1a	Pregnant patients with COVID-19	4 cohorts for pregnancies with COVID-19 diagnosis in pre-pregnancy or trimester periods	Medication groups	Trimester of pregnancy, age groups	3-month (trimester) prevalence and 95% CI for medication utilization
1b	Matched pregnant patients with and without COVID-19	3 matched cohorts for pregnancies with and without COVID-19 examined in specific trimester of pregnancy	Medication groups	Age groups	3-month prevalence of medication use before and after <i>COVID-19 diagnosis date</i>
1c	Matched pregnant and non-pregnant patients with COVID-19	3 matched cohorts for pregnant and non-pregnant people identified by COVID diagnosis in specific trimesters	Medication groups	Age groups	3-month prevalence of medication use before and after <i>COVID-19 diagnosis date</i>
2a	Pregnant patients with COVID-19	4 cohorts for pregnancies with COVID-19 diagnosis in pre-pregnancy or trimester periods	Severity of COVID-19, clinical outcomes (as measures of severity levels 1-5 or other measures)	Trimester of pregnancy, age groups	Proportion of COVID-19 severity levels 1-5 by trimester
2b	Severe and non-severe COVID-19 within matched pregnant and non-pregnant patients with COVID-19	3 matched cohorts for pregnant and non-pregnant people identified by COVID diagnosis in specific trimesters	Severity of COVID-19	Age groups	Proportion of severe (severity criteria levels 2-5) and non-severe (severity level 1) patients in matched pregnant and non-pregnant patients with COVID-19

		Secondary analyses: 6 Sub-cohorts of <i>severe</i> (severity criteria levels 2-5) and non-severe (severity level 1) in matched pregnant and non-pregnant patients with COVID-19.	Medication groups		3-month prevalence of medication use before and after <i>COVID-19 diagnosis date</i> in severe and non-severe sub-cohorts of matched pregnant and non-pregnant patients with COVID-19
3a	Pregnant patients with COVID-19	3 cohorts for pregnancies with COVID-19 by trimester periods	Adverse infant/maternal outcomes	Trimester of COVID-19 infection, and COVID-19 severity if feasible	Incidence rate
3b	Matched pregnant patients with and without COVID-19	3 matched cohorts for pregnancies with and without COVID-19 examined in specific trimesters of pregnancy	Adverse infant/maternal outcomes	Trimester of COVID-19 infection	Adjusted risk ratio (95% CI)
3c	Pregnant patients with COVID-19	3 cohorts for pregnancies with COVID-19 with or without medication use 30 days prior to or post COVID-19	Adverse infant/maternal outcomes	Trimester of COVID-19 infection	Incidence rate

Descriptive analyses were conducted for study cohorts identified in each study objective characterizing the maternal baseline characteristics, pre-existing/at-risk conditions, obstetric conditions, and COVID-19 related healthcare utilization. Frequency tables including counts and proportions for these conditions were generated.

Additionally, in study objectives 2a and 2b, assessing COVID-19 severity among pregnant patients with COVID-19, hospitalizations were categorized based on the primary diagnosis:

- Hospitalization due to COVID-19 (no obstetric reason)
- Hospitalization with obstetric reasons and COVID-19
- Hospitalization due to obstetric reasons without COVID-19

3.8.1 Analytical approach - Study objective 1a

Study Question: To what extent do patients with COVID-19 in pregnancy use medication (overall and by type) during pregnancy?

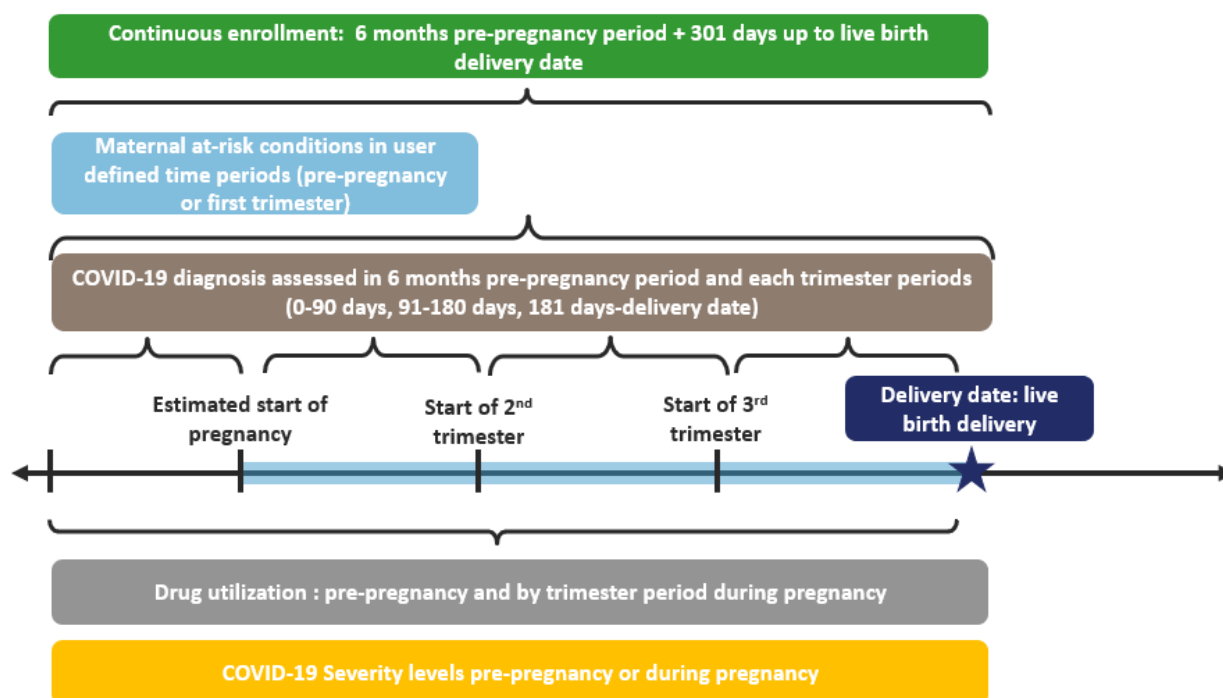
Study Population: Pregnant patients with live-birth delivery on or after January 1, 2020 and had a diagnosis of COVID-19 or a positive SARS-CoV-2 test during pregnancy. Four separate cohorts were defined depending on COVID-19 diagnosis identified during a specified pre-pregnancy period (such as 6 months) and time periods corresponding to trimesters of pregnancy (0-90 days, 91-180 days, 181 days-delivery date). Please refer to Figure 1 for criteria used for study population identification.

Medications were identified using NDC or HCPCS codes and classified into groups specified in Section 3.4. Medication utilization were described for the 4 pregnancy cohorts identified with COVID-19 by presenting counts and 3-month (trimester) prevalence of medications used during pregnancy estimated as:

Number of pregnancies with COVID-19 exposed to specific medication groups in a given trimester of pregnancy/total eligible pregnancies with COVID-19 in same trimester period.

Medication utilization were further categorized by age group and trimester of pregnancy. Prevalence of chronic at-risk conditions and trends in pregnancies diagnosed with COVID-19 by calendar-month periods were described.

Figure 1. Study Design for Cohort Identification in Objective 1a



3.8.2 Analytical approach - Study objective 2a

Study Question: To what extent do patients with COVID-19 in pregnancy have severe COVID-19 disease, when taking into account trimester, as well as other key factors?

Study Population: Pregnant patients with COVID-19 and prevalence of COVID-19 cases meeting each severity level were described as defined in Section 3.6.

Severity was assessed according to 5 level criteria outlined in section 3.6 above. Pregnancies satisfying the highest level of COVID-19 severity were assessed in the same trimester periods of COVID-19 diagnosis or in the trimester after the COVID-19 diagnosis. We described counts and proportion of COVID-19 severity by trimester in the *4 pregnant cohorts with COVID-19 diagnosis* identified in Objective 1a. (Figure 1). Further stratification of COVID-19 severity by calendar month period were considered if feasible to capture likely changes in clinical care and medication use as clinicians gained more experience treating COVID-19 patients.

The proportion of patients with COVID-19 clinical outcomes (as measures of severity levels 1-5) during pregnancy were estimated as the number of pregnancies satisfying the highest COVID-19 severity level in a given trimester of pregnancy/total eligible pregnancies with COVID-19 diagnosis in the same trimester period.

3.8.3 Analytical approach - Study objective 1b

Study Question: Is medication use (overall and by type) among patients with COVID-19 different compared to patients without COVID-19 in pregnancy when taking into account trimester, severity of disease, and key confounders?

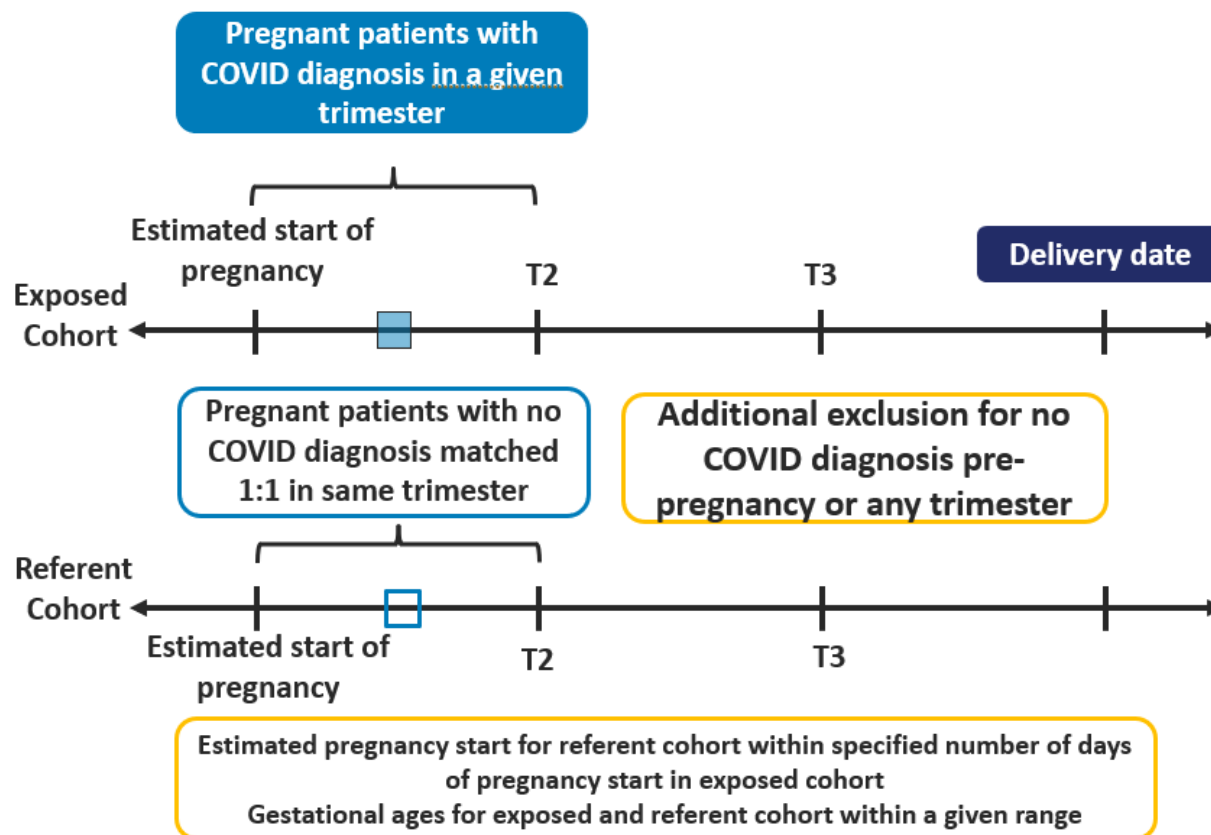
Study Population: Pregnant patients with live-birth delivery on or after January 1, 2020 diagnosed with COVID-19 were matched to pregnant patients not diagnosed with COVID-19 during pregnancy on characteristics including age group, at-risk conditions, and geographic region. Covariates included in the propensity score model were discussed at the time of analysis.

Figure 2 shows the implementation of the 1:1 matching of COVID-19 exposed and unexposed pregnancies: a pregnant patient diagnosed with COVID-19 or a positive SARS-CoV-2 test in first trimester (exposure window) was matched to a pregnant patient without COVID during the entire pregnancy period. The index date was date of COVID-19 diagnosis. We required that the estimated pregnancy start for the referent pregnant cohort without COVID-19 is within +/-14 days of the estimated pregnancy start in exposed pregnant cohort with COVID-19 to ensure we are comparing the medication use in these cohorts during the same calendar time.

For the referent pregnant cohort without COVID-19, additional exclusion criteria was applied requiring no COVID-19 diagnosis was observed during any trimester (i.e., for the entire pregnancy period) and user specified pre-pregnancy period. For the pregnant exposed cohort with COVID-19, COVID-19 diagnosis was examined in relevant exposure windows (first, second, or third trimester).

Three matched cohorts for pregnancies with and without COVID-19 were created with COVID-19 diagnosis assessed in different trimester periods. Depending on counts of patients with COVID-19 identified during the pre-pregnancy period, we identified matched cohorts for pregnancies with COVID-19 during pre-pregnancy and those without COVID-19 in this objective.

Figure 2. Study Design for Cohort Identification in Objective 1b



Prevalence of medication use in the 30 days prior to and in the 30 days after **COVID-19 diagnosis date** were computed for matched pregnant cohorts with and without COVID-19 depending on timing of COVID diagnosis in trimester periods. Since the referent cohort has no COVID diagnosis, we described the medication use in 30 days prior or after COVID-19 diagnosis date identified in the exposed pregnant cohort with COVID-19.

3.8.4 Analytical approach - Study objective 1c

Study Question: Is medication use (overall, by type) among pregnant patients with COVID-19 different compared to medication use among non-pregnant patients of reproductive age with COVID-19, when taking into account trimester, severity of disease, and key confounders?

Study Population: Pregnant patients diagnosed with COVID-19 or a positive SARS-CoV-2 test were matched to non-pregnant patients assigned as females with COVID-19 on age group, at-risk conditions, or geographic region. *Three matched pregnant and non-pregnant cohorts* were created with COVID-19 diagnosis assessed in different trimester periods and additional matched cohorts for pregnant and non-pregnant patients with COVID-19 during pre-pregnancy period were considered if feasible.

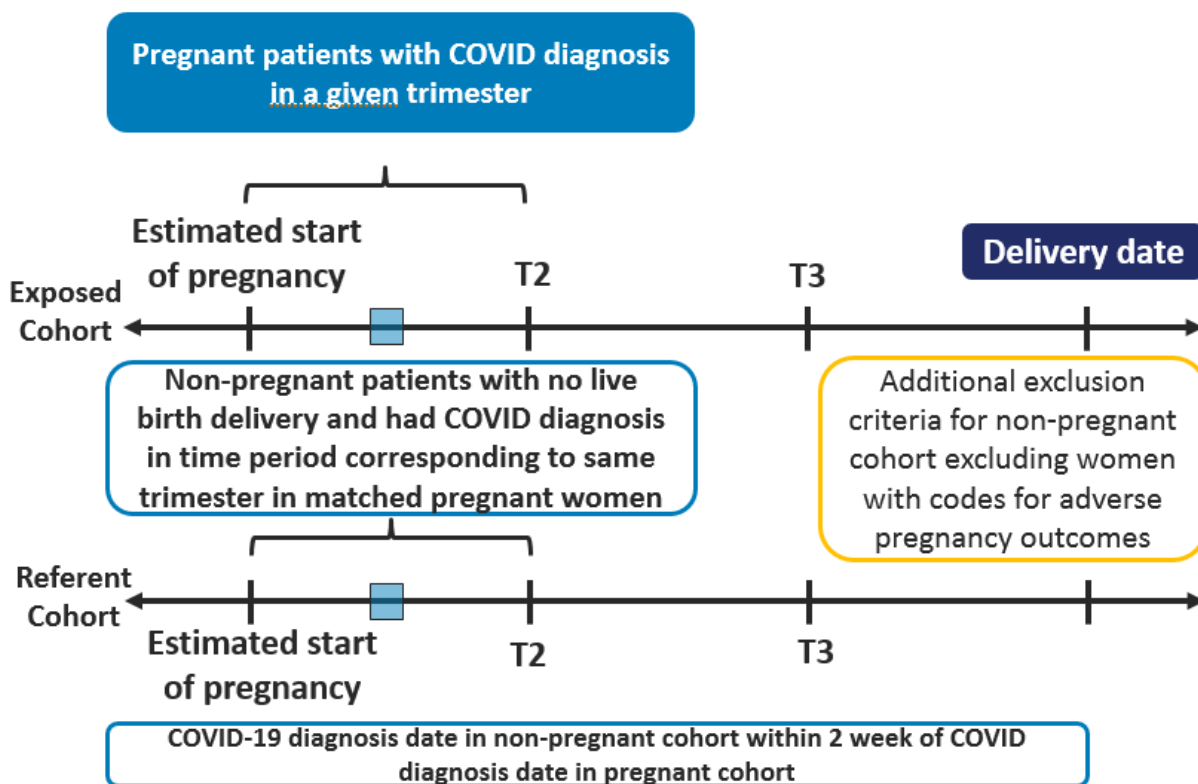
The non-pregnant cohort included patients assigned as females without live-birth delivery diagnosed with COVID-19 identified during the same time period as the corresponding matched pregnant patient, were the same age (in years), and had first continuous enrollment period that

overlapped the pregnancy period of the matched pregnant patient. Further, pregnancies resulting in other pregnancy outcomes such as stillbirth and spontaneous abortions may inadvertently be included in the referent non-pregnant cohort hence additional exclusions were specified to exclude pregnancies resulting in other pregnancy outcomes from the non-pregnant cohort.

The prevalence of medication use were described in the 30 days prior to and in the 30 days after COVID-19 diagnosis date for the matched pregnant and non-pregnant cohorts with COVID-19. In order to ensure that medication use before and after COVID-19 diagnosis is assessed during the same time in pregnant and non-pregnant cohorts with COVID-19, we required that COVID-19 diagnosis date in non-pregnant cohort is observed within 2 weeks of COVID-19 diagnosis date in the pregnant cohort.

Figure 3 shows the implementation of the 1:1 matching of the COVID-19 pregnant and non-pregnant cohorts.

Figure 3. Study Design for Cohort Identification in Objective 1c



3.8.5 Analytical approach - Study objective 2b

Study Question: Do patients with COVID-19 in pregnancy have increased risk of severe COVID-19 compared to non-pregnant patients of reproductive age with COVID-19?

Study Population: Similar to objective 1c we identified pregnant patients diagnosed with COVID-19 matched to non-pregnant patients assigned as females with COVID-19 on age group, and at-risk conditions, or geographic region. *Three matched pregnant and non-pregnant*

cohorts were created with COVID-19 diagnosis assessed in different trimester periods. We required the COVID-19 diagnosis date in non-pregnant cohort to be observed within 2 weeks of COVID-19 diagnosis in the matched pregnant cohort with COVID-19.

For comparing COVID-19 severity in pregnant and non-pregnant patients with COVID-19, we estimated proportion of patients with severe (severity criteria levels 2-5) and non-severe (severity level 1) patients assessed in the same trimester periods of COVID-19 diagnosis. Further, we estimated proportion of severe and non-severe patients in pregnant and non-pregnant patients with COVID-19 stratified by age.

As a secondary analysis, we assessed medication use before and after COVID-19 diagnosis in 6 sub-cohorts of *severe* and non-severe patients with COVID-19 in matched pregnant and non-pregnant populations. We described the prevalence of individual COVID-19 medications used in the 30 days prior to and in the 30 days after **COVID-19 diagnosis date** estimated in the matched severe and non-severe pregnant and non-pregnant cohorts with COVID-19. This helped us understand whether medication use varies by pregnancy status in patients with severe and non-severe COVID-19.

3.8.6. Analytical approach - Study objective 3a

Study Question: To what extent do patients with COVID-19 in pregnancy have adverse maternal and infant outcomes?

Study Population: Pregnant patients with live-birth delivery on or after January 1, 2020 and had a diagnosis of COVID-19 or positive SARS-CoV-2 NAAT test during pregnancy. Three separate cohorts were defined depending on timing of COVID-19 by trimester periods during pregnancy (0-90 days, 91-180 days, 181 days -delivery date). An overall cohort with COVID-19 anytime during pregnancy was identified.

Within each trimester period, adverse maternal and infant outcomes were described for the 3 pregnancy cohorts identified with COVID-19 by presenting counts and incidence rates of each adverse infant outcome computed as:

$$\frac{\text{number of adverse maternal or infant outcomes}}{\text{total eligible pregnancies with COVID - 19}}$$

Since outcomes occur etiologically at different time windows we use the following outcome-specific timings for evaluations listed in Table 5 below. Also, some of the outcomes may not be well captured in claims databases and counts of these outcomes were assessed prior to estimating risk of association of COVID-19 during pregnancy with adverse infant outcomes.

Further, as sensitivity analyses, we estimated incidence of maternal and infant outcomes among *severe* and non-severe patients in cohorts of pregnant patients with COVID-19 within each trimester period.

Figure 4. Study Design for Cohort Identification in Objective 3a

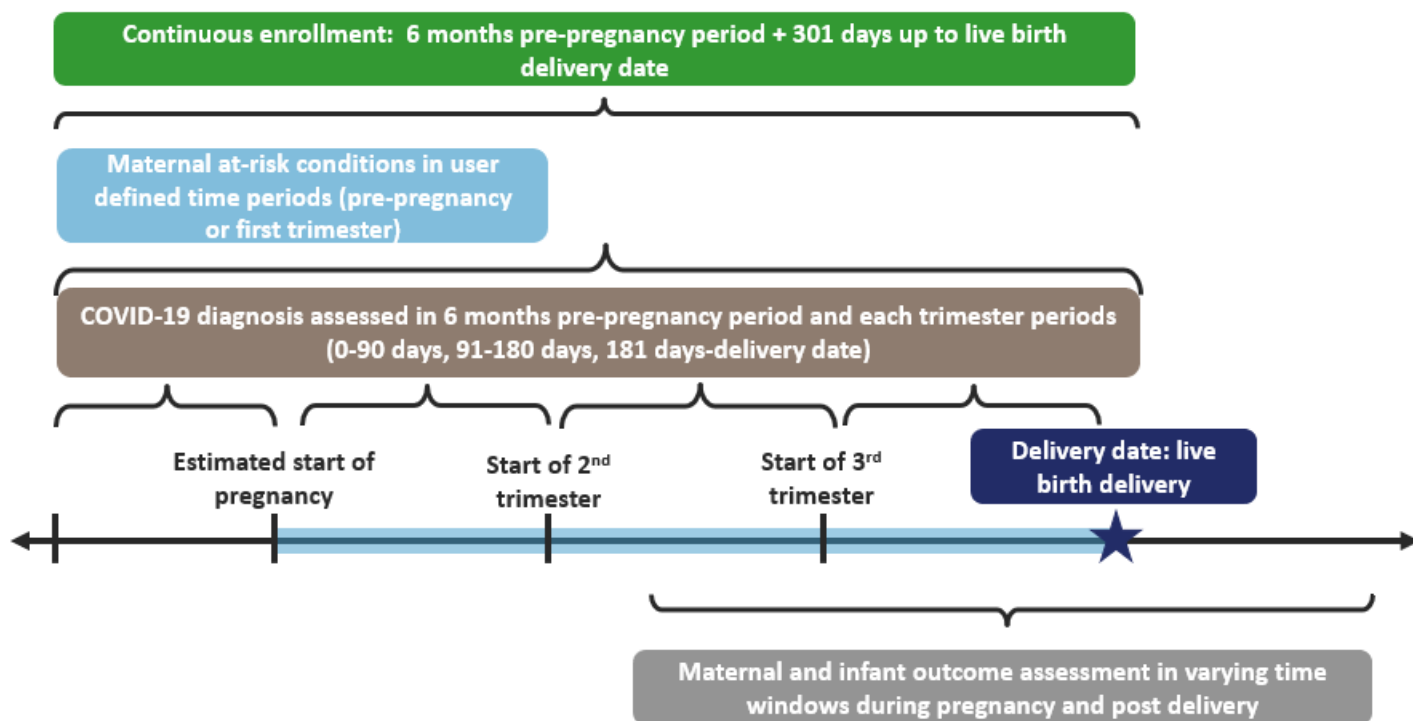


Table 5. Adverse Maternal and Infant outcomes evaluation

Adverse maternal/infant outcomes	Evaluation windows
Infant outcomes	
Low birth weight	From delivery to 7 days post-delivery
Small for gestational age (SGA)/Intrauterine grown restriction (IUGR)	From delivery to 7 days post-delivery
Major congenital anomalies	From delivery to 90 days post-delivery
Microcephaly	From delivery to 90 days post-delivery
Maternal outcomes	
Gestational Diabetes	Gestational week 22 - delivery
Preeclampsia	Gestational week 22 - delivery
Preterm birth	Gestational week 22 - <37 weeks
Cesarean section	+/- 7 days from delivery
Maternal death	From delivery to 42 days post-delivery

3.8.7. Analytical approach - Study objective 3b

Study Question: Do patients with COVID-19 in pregnancy have increased risk of adverse infant outcomes compared to pregnant patients without COVID-19?

Study Population: Pregnant patients with live-birth delivery on or after January 1, 2020 diagnosed with COVID-19 were matched to pregnant patients with live-birth delivery not diagnosed with COVID-19 during pregnancy on characteristics including age group and selected at-risk conditions. Covariates to be included in the propensity score model were discussed at the time of analysis.

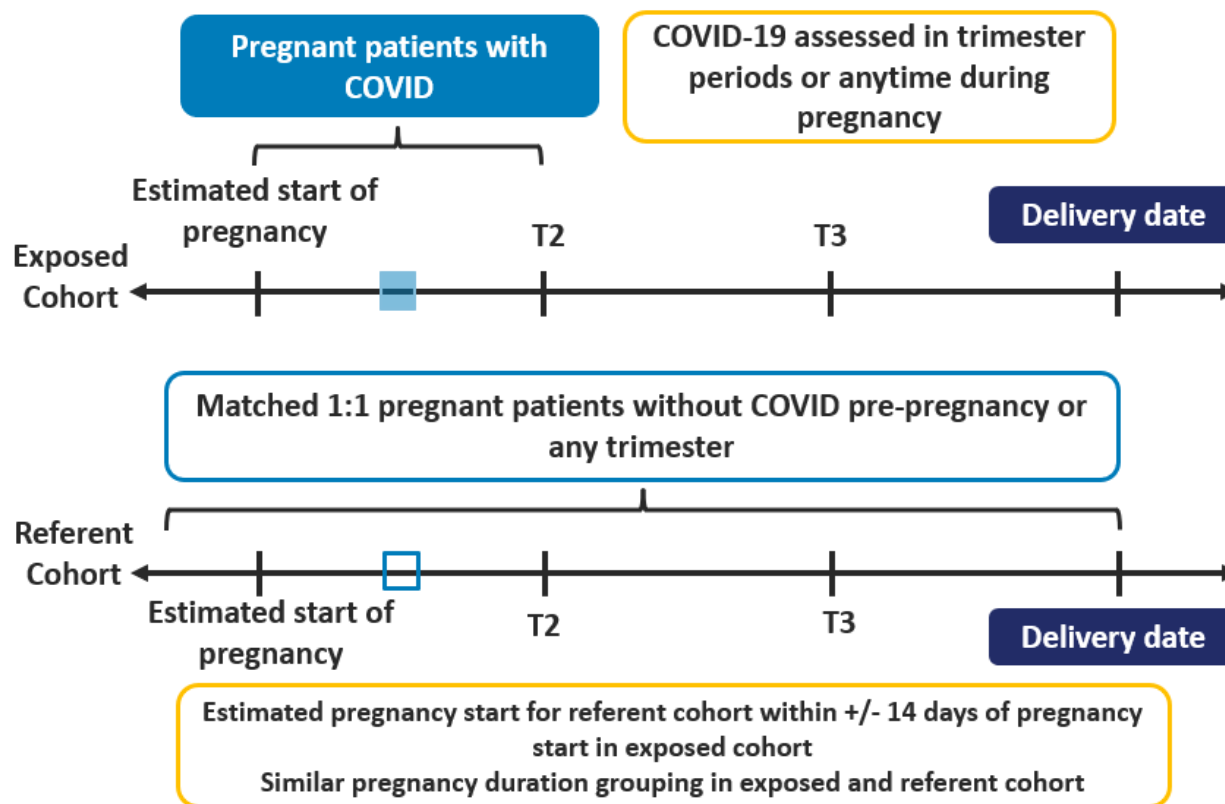
Figure 5 shows the implementation of the 1:1 propensity score matching of COVID-19 exposed and unexposed pregnancies: a pregnant patient diagnosed with COVID-19 in first trimester (exposure window) was matched to a pregnant patient without COVID during the entire pregnancy period (referent cohort). **The index date was the date of COVID-19 diagnosis.**

We required that the estimated pregnancy start for the referent pregnant cohort without COVID-19 is within a specified time window (e.g., 14 days) of the estimated pregnancy start in the exposed pregnant cohort with COVID-19 to ensure we are comparing these cohorts during the same calendar time and pregnancy period. Additionally, we ensured that during infant outcome evaluation both pregnant cohorts with and without COVID-19 had the same pregnancy duration, classified into preterm, term, and postterm categories, to account for differential time at risk during pregnancy in developing adverse outcomes. For maternal outcomes evaluation, we did not match referent patients based on pregnancy duration since duration of pregnancy might impact observance of these outcomes such as preterm birth.

For the referent pregnant cohort without COVID-19, additional exclusion criteria were applied requiring no COVID-19 diagnosis was observed during any trimester (i.e., for the entire pregnancy period) and user specified pre-pregnancy period. For the exposed pregnant cohort with COVID-19, COVID-19 diagnosis was examined in relevant exposure windows (first, second, or third trimester). Further, to ensure temporality of outcome, we required that no outcome was observed prior to the COVID-19 diagnosis date in both exposed pregnant patients with COVID-19 and matched referent patients.

Depending on the outcome evaluated, we estimated adjusted risk ratio and 95% CI for risk of maternal and infant outcomes in three matched cohorts of pregnancies with and without COVID-19 with COVID-19 diagnosis assessed in different trimester periods.

Figure 5. Study Design for Cohort Identification in Objective 3b



3.8.8. Analytical approach - Study objective 3c

Study Question: Do medications used to treat COVID-19 impact COVID-19 in pregnancy and adverse maternal/infant outcomes?

Study Population: Pregnant patients with live-birth delivery on or after January 1, 2020 who had a diagnosis of COVID-19 or positive SARS-CoV-2 NAAT test during pregnancy. Three separate cohorts were defined depending on COVID-19 diagnosis identified during trimesters of pregnancy (0-90 days, 91-180 days, 181 days-delivery date). Please refer to Section 3.8.1 for criteria used for study population identification.

Counts of pregnant patients with COVID-19 that had exposure or did not have exposure to medications used to treat COVID-19 or other grouping of medications were examined in the following time windows:

- Medication exposure in 30 days prior to COVID-19 diagnosis or positive SARS-CoV-2 NAAT test.
- Not exposed to medications in 30 days prior to COVID-19 diagnosis or positive SARS-CoV-2 NAAT test.
- Exposed to medications in 30 days post-COVID-19 diagnosis or positive SARS-CoV-2 NAAT test.
- Not exposed to medications in 30 days post-COVID-19 diagnosis or positive SARS-CoV-2 NAAT test.

We estimated the incidence of each maternal and infant outcome listed in Table 5 above by medication exposure status prior to or post-COVID-19. We only described the incidence of maternal and infant outcomes and did not test the association of medication exposure with adverse maternal and infant outcomes. With changes in COVID-19 treatment management during the pandemic, we expect small sample size for patients exposed to few medications 30 days prior to or post COVID-19. Infant outcome evaluation in these exposed patients may not be feasible.

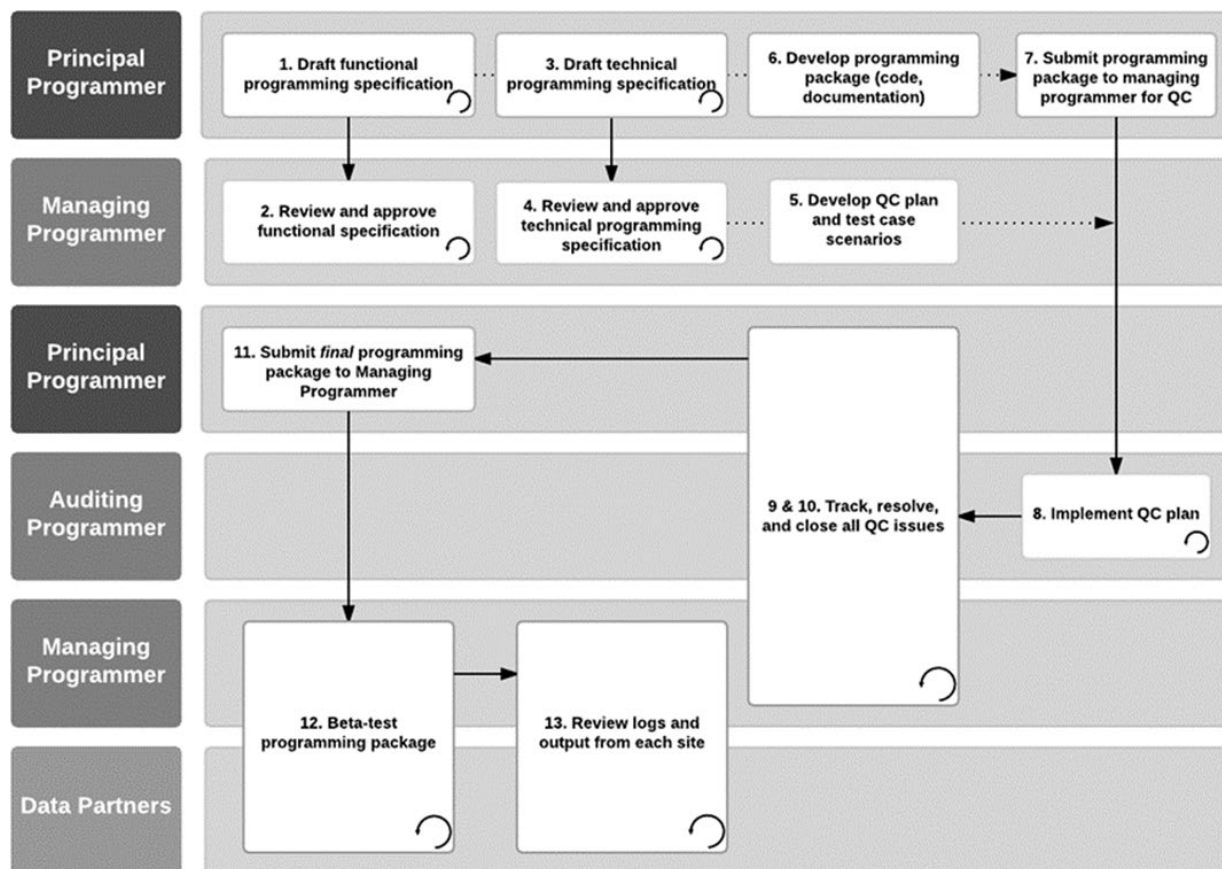
3.9. Data Management and Quality Control

The SOC is responsible for writing and distributing SAS programs that can be used to evaluate data from participating Data Partners. The distributed network allows Data Partners to maintain physical and operational control of their data while allowing use of the data to meet the study needs. The SOC maintains a secure distributed querying web-based portal to enable secure distribution of analytic queries, data transfer, and document storage. The system meets all required State and Federal security guidelines for health data (e.g., Federal Information Security Management Act [FISMA], Health Insurance Portability and Accountability Act of 1996), specifically FISMA compliant for FISMA security controls as specified in the National Institute of Standards and Technology (NIST) Special Publication 800-53 (NIST and Joint Task Force Transformation Initiative 2017).

Sentinel's standard data quality assurance (QA) procedures are conducted on data formatted in the Sentinel Common Data Model (SCDM) and assesses consistency with the SCDM, evaluates adherence to data model requirements and definitions, examines logical relationships between data model tables, and reviews trends in medical and pharmacy services use within and across Data Partners. Since the QA may not be usable for all data elements included in SCDM, ad hoc QA procedures were developed for specific studies requiring the use of such data elements or data sources. Data curation is consistent with guidance set forth by the FDA in its current recommendations for data quality assurance, specifically, "Guidance for Industry and FDA Staff: Best Practices for Conducting and Reporting Pharmacoepidemiologic Safety Studies Using Electronic Healthcare Data" (Guidance), section IV.E "Best Practices – Data Sources: QA and Quality Control," published in May 2013 (FDA 2013).

In addition to quality assurance of data elements, the SOC adopts standard SAS programming quality assurance and quality control processes to check SAS programs and deliverables. Figure 6 illustrates the Standard Operating Procedures for SAS programming quality assurance and quality control within the Sentinel System.

Figure 6. Standard Operating Procedures for SAS Programming Quality Assurance and Quality Control in the Sentinel System



(Circular arrow in some boxes indicates iterative process, incorporating feedback.)

3.10. Limitations to Consider and Methods to Address

3.10.1. Misclassification

Misclassification of COVID-19 status is possible. Cases of COVID-19 identified in the member populations at the Data Partners may be missed because: 1) people with asymptomatic, very mild, or mild COVID-19 may not seek medical attention or testing; 2) COVID-19 patients may be unable to access SARS-CoV-2 testing or unwilling to undergo SARS-CoV-2 testing; or 3) false-negative SARS-CoV-2 assays may occur due to improper sampling procedures or test insensitivity. Conversely, non-COVID-19 cases may be misclassified as COVID-19 due to false-positive test results or ICD-10-CM COVID-19 diagnoses reflecting “rule out” diagnoses rather than true cases of COVID-19. We examined pregnancies diagnosed with COVID-19 by calendar month to address misclassification of COVID-19 cases that may have occurred due to accessibility to COVID-19 testing and surge in COVID-19 cases over time.

Validation of ICD-10-CM-based diagnostic coding algorithms estimated a PPV of 81%, based on a positive NAAT result for SARS-CoV-2 as the gold standard for confirmation. The sensitivity of the algorithm in identifying positive COVID-19 cases was around 95% for confirmed diagnoses.⁴ However, the algorithm was validated in hospitalized COVID-19 and

may not have similar sensitivity or specificity for COVID-19 patients diagnosed in outpatient setting.

There is also potential for misclassification regarding estimation of pregnancy start given that gestational age or preterm diagnosis codes were used for determining pregnancy start. This is especially important to consider when evaluating precise timing of medication use and diagnoses, such as COVID-19. The validated algorithm proposed to be used in our analyses has shown sensitivity of 98% and PPV of 91% in identifying term live birth deliveries and estimated gestational age was within 14 days for 77% of deliveries compared to gold standard gestational age obtained from the infant's birth certificate files.¹¹ Pregnancy episodes that do not end in a live birth (e.g., stillbirth, termination, etc.) cannot be captured with the existing Sentinel live-birth pregnancy tool; however, we will exclude these pregnancy outcomes when identifying the non-pregnant cohort.

3.10.2. Issues in ascertaining medications used for COVID-19 during pregnancy:

Prescribing patterns for COVID-19 changed during the pandemic and little is known about the treatment patterns of COVID-19 during pregnancy. Ascertainment of exposure to medications of interest by trimester will depend on the setting in which the medication is administered (e.g., hospital, ambulatory) and the type of drug. Outpatient dispensing data and encounter claims data were used for determining the timing of treatment initiation based on dispensing dates and encounter dates. Inpatient treatments may not be captured in claims-based systems, and when they are captured, treatment timing may not be available. Integrated care delivery systems may include data from both settings. Further, there is potential time trend in clinical care and medication use during pregnancy as clinicians gained more experience treating COVID patients.

3.10.3. Issues with healthcare utilization variables:

During the COVID-19 pandemic, healthcare utilization variables, such as ambulatory encounters, emergency department visits, hospital admission, ICU admission, duration of ICU stay, and mechanical ventilation, might not appropriately classify patients' true disease severity. Healthcare utilization may be affected by state and local "stay at home" orders and local health care resource demand and supply and may vary by time, region, and even hospital in the same region. Surges in COVID-19 cases and shifting of the epidemic center as the pandemic continues added more complexity to determining how the impact of the uncertainty of these variables can be adequately addressed in sensitivity analyses.

3.10.4. Generalizability

COVID-19 pregnancies identified in the proposed study may not be fully representative of the US population. For example, in commercial insurance data sources, publicly insured people may be underrepresented, and uninsured people are not represented. Further, we identified pregnancies resulting in live birth delivery and pregnancies ending in other pregnancy outcomes which may be associated with COVID-19 could not be captured.

4. Human Subjects Considerations

This Sentinel project is a public health surveillance activity conducted under the authority of the Food and Drug Administration and, accordingly, is not subject to Institutional Review Boardoversight.^{16, 17, 18}

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6. Appendix

Appendix 1: ICD-10-CM Algorithm for Gestational Age

The ICD-10 algorithm for gestational age incorporates codes for (1) gestational age in weekly increments from gestational week 20 through gestational week 42 or greater (codes Z3A20-Z3A49, referred to as the “Z codes”), (2) preterm delivery (other than the Z codes), and (3) postterm delivery (other than the Z codes). We identified ICD-10 codes for preterm delivery and postterm delivery by implementing forward-backward mapping of ICD-9-CM codes included in the initial version of the pregnancy tool. Of note, there are no codes equivalent to the Z codes in the ICD-9-CM coding scheme.

Priorities:

If multiple codes for specific weeks of gestation (Z codes), preterm delivery, and/or postterm delivery are available, the ICD-10 algorithm for gestational age prioritizes the following codes:

- (1) **Codes that specify weeks of gestation, including all Z codes ranging from 20 weeks through ≥ 42 weeks of gestation in one-week increments, and codes that indicate preterm delivery with weeks of gestation specified in one-week increments (other than Z codes).** If multiple codes are observed, codes indicating longer gestational age are prioritized over those indicating shorter gestational age. We assume the approximate mid-point of the specified gestational age [e.g., 263 days (37 weeks and 4 days) for 37 weeks gestation].
- (2) **Codes that indicate preterm delivery without specifying weeks of gestation.** If multiple codes are observed, codes with more specificity (e.g., preterm delivery, 2nd trimester of pregnancy or ‘extreme immaturity’) are prioritized over those with less specificity (e.g., preterm newborn, unspecified weeks of gestation). Further, codes indicating longer gestational age are prioritized over those indicating shorter gestational age.
- (3) **Codes that indicate postterm delivery without specifying weeks of gestation.** If multiple codes are observed, codes indicating longer gestational age are prioritized over those indicating shorter gestational age.

If no codes for preterm or postterm delivery are observed, then the default assumption for gestational age is 273 days. However, this assumption is user specified and can be modified.

Gestational age and preterm/postterm codes used for estimation of pregnancy duration are provided in a separate appendix document.